



Policy Document:

# Nappy Changing.

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## **Nappy Changing.**



### **Policy statement**

No child is excluded from participating in our provision who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgmental concern of adults.

### **The Disability Discrimination Act 2006**

The Act places a duty on the public sector to promote equality of opportunity for disabled people and to eliminate discrimination.

Not all children who attend the pre-school with incontinence may have a disability; but as a setting we are committed to meeting the individual needs of all children in a holistic approach working in partnership with parents and carers for the child's best outcomes.

Every Child Matters recognises that "being healthy is not simply about having nutritious food it also includes a clean and safe environment, appropriate clothes."

### **Procedures**

- As soon as they are comfortable, and their parents agree, young children from two years should wear 'pull-ups' or other types of trainer pants.
- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent or unavailable. The changing area is warm, clean and safe to lay young children if they need to have their bottoms cleaned.
- Each young child should have their own bags to hand with their nappies or 'pull ups' and changing wipes.
- Gloves are put on before changing starts and the areas are prepared. The changing mat will be cleaned with anti-bacterial spray.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand.
- Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- In the interests of Health and Safety and the prevention of cross contamination new disposable gloves and an apron **MUST** be worn and disposed of each time an individual child is changed.

**On no account can a child be left on the changing mat on their own.  
Parents who are using our facilities may need to be reminded of this.**

**The role of the parent/carer**

- Agree to send the child in a clean nappy.
- Provide the setting with spare nappies and clean clothes.
- Understand and agree to the procedures in place for changing their child in the nursery.
- To inform the staff of any marks /rash that the child may have.
- To work with the nursery with toilet training at an agreed date which is in the best interest of the child's development.

**The Meadows Nursery will:**

- Ensure that where ever possible the Key person should change the child.
- Change the child during a single session should the child soil themselves or be uncomfortably wet.
- Monitor the times when the child is changed and keep a log of it noting the date, time skin condition and why the child needed changing.
- Report to the parents if the child's nappy has been changed and any marks or soreness that was recorded.
- Report to the parents if the child is distressed during changing.
- To work with the parents with toilet training at an agreed date which is in the best interest of the child's development.

**Procedure for changing a nappy**

- The Key person will change the child's nappy where ever possible.
- Nappies will only be changed in the changing area on the changing mat.
- Paper towel will be placed on top of the changing mat.
- Staff will wear disposable gloves and apron.
- The soiled nappy will be removed, placed in a bag. The skin will be wiped with wipes provided by the nursery unless otherwise stated by the parent that they do not want these used.
- The nappy that the parent has supplied will be placed on the child.
- The soiled nappy, disposable gloves should be placed in the outside bin.
- The paper towel covering the changing mat should also be put in the outside bin.
- The changing mat should be thoroughly wiped down with an anti-bacterial spray.
- The nappy change should be written up in the log.

**Child protection**

- A normal nappy change should not raise any child protection issues, the member of staff should inform the rest of the staff team what they are doing.
- Staff can only change children if they have a valid CRB/DBS check.
- Students and/or volunteers can only change children if they hold suitable EY qualifications, valid CRB/DBS checks and then only at the discretion of the Manager.
- Parent helpers can only change their own children in the Nursery.
- If a child becomes particularly distressed during nappy changing then the staff member may need to re-evaluate how important it is to change the child, taking into account how long it is until the child is due to be collected, how soiled the child is and the whereabouts of the parents.

- In the interests of Health and Safety and the prevention of cross contamination new disposable gloves and an apron **must** be worn and disposed of each time an individual child is changed.

**Remember:**

- ❖ **On no account can a child be left on the changing mat on their own.**
- ❖ **Parents who are using our facilities may need to be reminded of this.**

**ADOPTION AND ANNUAL REVIEW OF THE POLICY**

This policy was adopted on:..... - 1 September 2014  
Signed:..... SK

This policy was reviewed/amended in:..... - July 2015  
Signed:..... SK & JRS

This policy was reviewed/amended in:..... - July 2016  
Signed:.....JRS

This policy was reviewed/amended in:..... - September 2019  
Signed:.....JRS

This policy was reviewed/amended in:..... - October 2020  
Signed:..... SK

This policy was reviewed/amended in:..... - November 2021  
Signed:..... SK

This policy was reviewed/amended in:..... - August 2023  
Signed:.....JRS

This policy was reviewed/amended in:..... -  
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